

Enabling Church 2014 - Presentation Slides

Large print 25pt

About this Accessible Format edition

These accessible format booklets have been transcribed by Torch Trust using *WORSHIP FOR ALL*, a new automated and on-line service from Torch Trust offered free to Churches and Christian organisations. Available for this conference are handouts in braille and large print in a variety of print sizes. They are provided for the use of anyone who has difficulty in reading the screen.

Ask at the Torch Trust exhibition stand if you would like to know more about producing song words handouts and other documents in accessible formats for use at your Church. Visit www.torchtrust.org/W4A.

Contents

About this Accessible Format...	ii
Introduction	1
Welcome to Enabling Church:...	1
Disability: Beyond Inclusion.....	7
Living With Autism –What Does...	7
Dementia, Ageing and Onset... ..	15
The Onset of Disability	16
Inside Dementia (AM)	21
Inside Dementia (PM)	28
Everybody In! Including those...	36
What’s in my basket to share...	37
Dementia Friendly Church	42
Parish Nursing...supporting... .	44
Families and Carers Stream	49
Opportunities	49
Choices	54
Looking Ahead	60

Introduction

Welcome to Enabling Church: Everybody in! day conference

We are grateful to ...

Diocese of Lichfield

**and the Bishop's Lent Appeal for making
this event possible**

Premier

for assistance with media

Care for the Family

sponsoring the Families & Carers stream

Things to note ...

- **If the fire alarm sounds please leave the building by one of the many entrances**
- **Please assist those around you who may need assistance.**
- **Audio recordings are being made and will be on www.churchesforall.org.uk**
- **A video is being made by the Diocese of Lichfield who have generously sponsored this event**
- **Photos are being taken**
- **Please no recording or photos**

- **Due to bandwidth limitations, WiFi is only available in the lobby – see Bethel reception desk for a password**
- **Refreshments are free**
- **If you have pre-ordered a lunch you will have been given a ticket at registration to exchange for lunch**

Choose 2 Streams . . .

Disability: beyond inclusion

Dementia, ageing and onset of disability

Deaf stream: in BSL with voiceover

Families and carers: with Care for the Family

CfA Resources

Enabling Church

Gordon Temple w. Lin Ball, SPCK (2012)

Making Church Accessible

Tony Phelps-Jones w. others, BRF (2013)

The Enabled Life

Roy McCloughry, SPCK (2013)

Churches for All programme

Disability Sunday is 6th July 2014

Or another Sunday if this date doesn't work

**Use the downloadable resource pack:
[www.churchesforall.org.uk/
DisabilitySunday](http://www.churchesforall.org.uk/DisabilitySunday)**

Theology of Disability Forum

Watch out for information on: www.churchesforall.org.uk

CFA Partners and Associates

Partners ...

GO! Sign

The Kairos Forum

Livability

Premier Mind & Soul

Open Ears

Prospects

Through the Roof

Torch Trust

Associates ...

ASNA

Children Worldwide

Guild of Church Brailleists

New Wine

Outlook Trust

Parish Nursing

Signs of God

Disability: Beyond Inclusion Stream

Living With Autism –What Does it Mean for Christians?

Ann Memmott

What is Autism?

- **Different brain design; from birth. 1 in 30 people?**
- **Any age, background, male or female, any IQ**
- **Difficulties with social interactions and changes of routine**

- **Sensory processing difficulties in some or all of these: sight, sound, smell, touch, taste, heat, cold, pressure, and balance. Senses take in too much information**
- **Yes**
- **Do we lack empathy? No**
- **Do we lack a soul? No**
- **Can non-verbal autistic people understand God? Yes**
- **Can we bring good things to God and church? Yes – worship, prayer, skills, listening ability, patience, persistence, friendship, and love**

Can Autistic People Be Proper Christians?

Different Sensory System

Two pictures – the first showing how someone without autism might perceive a scene; the second showing how an autistic person might perceive the scene differently

- **Exhausting. I need to rest after a while**

Two pictures – the first of an autistic brain; the second of a non autistic brain

- **Brains thinking about a scary social situation. Ours may give itself an electric shock**
- **Autistic people need to rest after big social events**

Difficulty knowing what face expressions and body language mean.

Explain how you feel

Hearing in Crowds

Very difficult to hear just one voice in a crowd

Easier to hear somewhere quiet

Body Language Misunderstandings

May not make eye contact

May look bored or uncooperative

May use repetitive movements to find where our bodies are ('stimming')

This is a disability need

Peace – Sharing

May respond poorly to physical contact from others due to sensory pain

But some may be too enthusiastic with offering their own hug

Do not assume a bad motive

Do We Need Curing?

Nicodemus may have been autistic – he approached Jesus alone...at night... in the quiet

He did not understand metaphors

He reached for the rule book when Jesus was in trial

Too many herbs and spices at the tomb

**But he was there when others weren't,
and was one of Jesus' friends**

No cure was needed

Top Tips

Ask what might help

Be accepting and welcoming

**Use clear words, not just body
language/voice tone**

Avoid unexpected physical contact

**Try to avoid chatting in busy places
under fluorescent lighting**

Do not assume rudeness

More info?

**Ann.memmmott@oxford.anglican.org , 7
Chalfont Court, Earley, Reading RG6 5SY**

National Autistic Society: <http://www.autism.org.uk/>, or ring 0808 800 4104

**<http://vimeo.com/52193530> two
minute video on autism sensory
difficulties**

Dementia, Ageing and Onset Stream

The Onset of Disability

**Dr Gordon Temple (Torch Trust
& Churches for All)**

The not so good news

**For males in the UK life expectancy
at 65 is 18 years – 7½ years with
limiting chronic illness or disability**

For females in the UK life expectancy

**at 65 is 20½ years – 9½ years with
limiting chronic illness or disability**

[Source: ONS (2011)]

Of Sight Loss (for example)

**Each day 100 people are told they are
losing their sight**

Only 1 in 5 (20%) has someone who can support them

Only 1 in 12 (8%) are ever offered any for of counselling

[source: RNIB]

It's personal

95% of us will experience disability

It's not about 'them'

It is about 'us'

Disability with a difference

“The social experience of a person who becomes disabled as an adult may differ significantly from that of a person with a congenital disability.”

[Eiesland]

Common practical needs but varying experience and emotional needs.

Loss and Grief

Of a patient in whom MS had been diagnosed: “She has had to face a myriad losses already and will continue to experience many more”

these included:

loss of sense of security and well-being,

loss of self-esteem,

loss of dignity,

loss of income,

loss of opportunities and freedoms

[Pearson]

Crisis or Calamity

A Calamity

– the end of life as we know it?

... or ...

A Crisis

– from which fulfilling wholeness is recoverable?

Feeling Awkward

A survey by Scope

“It turns out – in true British fashion – that we feel awkward and don’t know how to act. The majority of the people we spoke to said they would worry

about speaking about disability in front of a disabled person, with many worrying they would say something inappropriate or use an offensive term by mistake.”

[Richard Hawkes, CEO Scope]

Enabling Church

Church can provide the community in which disabled people find enabling and express their ‘whole’ humanity.

‘Helplessness > Hopefulness’

[Revd Will Van Der Hart]

Giving and Receiving

“A supportive situation is a situation in which a human being can be

self-supportive while being dependent on the support of others.”

[Wollants]

Inside Dementia (AM)

Dr. Jennifer Bute

Inside Dementia 1

Picture of a cracked clay pot

Inside Dementia 2

Picture of the same cracked clay pot

We carry this precious Message around in the unadorned clay pots of our ordinary lives...surrounded & battered

by troubles, thrown down but not destroyed... God hasn't left our side. 2 Corinthians 4

Faith and Dementia

Picture of a large, snow peaked mountain with its image reflected in a lake

Always a reason

Feelings remain when facts are forgotten

Familiar patterns continue

Memories

Picture of map of the London Underground

Picture of neural pathways in the brain

**There is more than one way to reach
a destination or access memory**

There is always a reason

**A cartoon drawing that can be seen in
two ways either as the face of a woman
with long hair or as a man playing
a saxophone**

More than one way to see things

Wandering has a reason or purpose

**What time is it? What am I meant to be
doing**

Situations that can precipitate agitation or confusion

**A picture of people standing around,
talking in church after/before a service**

A picture of beds in a hospital ward

Large gatherings

Noise

Unfamiliar people or places

A task that is complicated

Too many expectations

Travel

Illness

Vulnerability and Dependency

When agitated

**Two pictures of people with heads down
looking stressed**

**Don't ask questions or overwhelm with
words**

Reassure, show what to do

Do something to make us feel comfortable

Picture of cup of tea

Feelings remain when facts are forgotten

Visiting

Picture of floral display

Approach from front

Make eye contact

Introduce yourself

Only one subject at a time

Tell of God's unconditional love and acceptance

**Picture of a book from Scripture Union:
Being With God: Words of Peace –**

a Bible and prayer guide for people with dementia.

Summary

Repeated pictures: a map of London Underground, the cartoon drawing that can be seen in two ways either as the face of a woman with long hair or as a man playing a saxophone, and the photograph of a large, snow peaked mountain with its image reflected in a lake

Picture of a cracked clay pot

You are precious in my sight, because I love you. Isaiah 43 v4

Always a reason

Feelings remain

Patterns continue

Website page of www.gloriousoppportunity.org

Screen shot of website showing

Video to play

Menu link – Teaching Modules: Insights on living with dementia

Menu link – Caring for those with dementia from a Christian Perspective

Menu link – Japanese Memory Groups: How to help those with dementia

Menu link – The Dragon Story: Resources for children about dementia

Inside Dementia (PM)

Dr. Jennifer Bute

Inside Dementia

Picture of a cracked Japanese pot

The word: 'kintsukuroi'

You are precious in my sight, and I love you, Isaiah 43 v 4

Faith and Dementia

Picture of a large, snow peaked mountain with its image reflected in a lake

Always a reason

Feelings remain when facts are forgotten

Familiar patterns continue

Memories

Picture of map of the London Underground

Picture of two firemen setting up a ladder against the side of a house

There is more than one way to reach a destination or enter a house with someone trapped inside

There is always a reason

A picture of a man that can be seen in two ways either as his right side profile or as his right front profile

Picture of a number of different Scrabble tiles

Two ways to interpret words, actions

Word salads are communication

Wandering may be a clue to:

- 1. An hallucination**
- 2. To find a place or purpose**
- 3. To ease pain or distress**

Vulnerability and Dependency 1

Picture of elderly woman with her head in her hands

Approach from front

Make eye contact

Introduce yourself

Only one subject at a time

Tell of God's unconditional love and acceptance

Picture of 'Maslow's Hierarchy of Needs' – A pyramid with five bands,

which from bottom to top are labelled Physiological needs, Safety needs, Love and Belonging needs, Self Esteem needs, and Self Actualization needs.

There is as an arrow parallel to the left side of the pyramid, pointing upwards from its base and labelled Development and Experiences. There is a second arrow an arrow parallel to the right side of the pyramid, pointing downwards from its tip and labelled Progression of Alzheimer's

‘In as much as you do it unto the least of my brethren you do it unto me.’
Matthew 25 v 40

Vulnerability and Dependency 2

Approach from front

Make eye contact

Introduce yourself

Only one subject at a time

Tell of God's unconditional love and acceptance

A picture of a square with five bands labelled from bottom to top Health, Safety, Love and Belonging, Feelings, and Purpose

Picture of 'Maslow's Hierarchy of Needs' – A pyramid with five bands, which from bottom to top are labelled Physiological needs, Safety needs, Love and Belonging needs, Self Esteem needs, and Self Actualization needs.

There is as an arrow parallel to the left side of the pyramid, pointing upwards from its base and labelled Development and Experiences. There is a second arrow an arrow parallel to the right side of the pyramid, pointing downwards from its tip and labelled Progression of Alzheimer's

Situations that can precipitate agitation or confusion

A picture of people standing around, talking in church after/before a service

A picture of beds in a hospital ward

Large gatherings

Noise

Unfamiliar people or places

A task that is complicated

Too many expectations

Travel

Illness

Feelings remain when facts are forgotten

When agitated

Picture of woman standing in front of a large, beautiful tree

Don't ask questions or overwhelm with words

Reassure, show what to do

Engage in a familiar activity

Picture of a book: 'Reflections of Hope – for people living with dementia' by Rosemary Hurlley and Claire Craig, published by CWR

Summary

Picture of a cracked Japanese pot

Repeated pictures of a man that can be seen in two ways either as his right side profile or as his right front profile of two firemen setting up a ladder against the side of a house, and of a woman standing in front of a large, beautiful tree

You are precious in my sight, because I love you. Isaiah 43 v4

Always a reason

Feelings remain

Familiar Patterns continue

Website page of www.gloriousopportunity.org

Screen shot of website showing

Video to play

Menu link – Teaching Modules: Insights on living with dementia

Menu link – Caring for those with dementia from a Christian Perspective

Menu link – Japanese Memory Groups: How to help those with dementia

Menu link – The Dragon Story: Resources for children about dementia

Everybody In! Including those with dementia.

Forum

Louise Morse, MA (CBT)

Pastoral care for people with dementia and their families

What's in my basket to share today?

Background

Cognitive Behavioural Therapist

Dissertation to research the effects on families caring for loved one with dementia

Books on dementia (Lion Monarch)

Information pack (Pilgrims' Friend Society)

Seminars, training workshops and conferences

Communications manager with Pilgrims' Friend Society, 207 year old Christian charity caring for older people

Resources from Pilgrims' Friend Society

1. 'Insights Into Dementia'

“Giving the Biblical view of dementia changes the way you see it”

“I wish I'd had this when we first knew about dementia”

Helping to put the pieces together – with 20 inserts on different aspects of dementia with information, advice, encouragement and sources of help. £8.50, plus £1.50 post and packaging.

2. 'Could it Be Dementia?'

3. 'Dementia – Frank and Linda's Story'

4. 'Worshipping With Dementia'

Available from usual retailers and from our website – www.pilgrimsfriend.org.uk

You can also purchase them from our stand today at a big discount

Why it is vital that we include people with dementia?

‘My spiritual self is reflected in the divine and given meaning as a transcendent being ... as I travel toward the dissolution of myself, my personality, my very essence, my relationship with God needs increasing support from you, my other in the body of Christ. You play a vital role in relating to the soul within me, connecting at this eternal level.’

How it works in a truly dementia- friendly church

Sunday services

Weekday groups

Pastoral care

Support for carers

Support for individuals

How do they do it? What did they need?

Won the hearts of all the fellowship

Informed, educated, answered questions

Appointed team leaders

Put together a team

Listed talents and availability

Examined the building interior and made some changes

The really important points

KNOWING the individual with dementia

LEARNING HOW TO 'SOUL TALK'

MINISTERING to the CORE of the person in ways that resonate with their core beliefs

A BUDDY alongside each one in church

A RELAXED, FLEXIBLE ATTITUDE

AN 'ETERNITY' PERSPECTIVE

EASY EXIT AND COMFY KITCHEN CLOSE AT HAND

The results

The whole church is comfortable

People with dementia are naturally included

People with dementia feel valued and get spiritual support

Not just on Sunday but also in the week

Their families feel supported and valued

The fellowship feels privileged and enriched

Dementia Friendly Church

Dr Trevor Adams, Livability

Dementia Friendly Church

accessible and inclusive towards people with dementia and their carers

engage and contribute to the creation of dementia friendly communities

Thank you

For more information

T: 020 7452 2000

E: joinin@livability.org.uk

W: www.livability.org.uk/church

Tw: Liveitlocally

Parish

**Nursing . . . supporting
people and communities
towards whole-person
health through the local
church**

**Dr Helen Wordworth (Parish
Nursing Ministries UK)**

What do Parish nurses do?

Home visits

Clinic sessions at church

Promote healthy eating and exercise

**Health education with community
groups**

Support independent living

Advice for personal health

Help to reduce hospital admissions and re-admissions

Encourage better use of the health services

Make links with GP surgeries, voluntary agencies, and other health providers

Make referrals and signpost people to appropriate resources

Pray with people if they would like that

Train and Coordinate volunteers

Parish nurses are available to carers

They may provide advice and support, especially helping them to care for their own health and wellbeing.

Parish nurses may help to develop Support Groups

Alzheimer carers are just one of the many needs for support group development in the community.

Parish nurses make the contacts; churches may have rooms, and volunteers to help.

Parish Nursing Ministries UK has a vision to see access to a parish nurse available to everyone in the UK

So far, this is where we are . . .

How can you help?

By praying for us

By introducing us to nurses/ministers in your circle of friends and church links

By talking about us to people who you think might wish to support it

By supporting us (at no extra cost) every time you shop on the Internet through “easy fundraising”.

By becoming a “friend of Parish nursing” . . . Leaflets are available today

More stories and information are available on our website

www.parishnursing.org.uk

Families and Carers Stream

Opportunities

**Beth Mellor – Care for the
Family**

Additional Needs

**We had no idea at the beginning of the
opportunities God
would bring our way**

Opportunity

Parenting blessings and challenges

Church family

Some great support – some wacky ideas

For one child, one guy made a difference

More than an opportunity

Made in the image of God

Not included but belonging

Contributing meaningfully

I had an opportunity

VALUES – We act

...with vulnerability

...with generosity of spirit

...while honouring the least

www.careforthefamily.org.uk

Our Team of Befrienders

Picture of large group of befrienders smiling and waving

Making a difference

Picture of Additional Needs Parent Support leaflet – support for families caring for a child with additional needs

Jessica's Story

Finding new ways to support families

Picture of Mother and child and Facebook logo

Facebook address: www.facebook.com/cffadditionalneeds

Life isn't about....

Picture of two children, one with an umbrella, having fun outside in the rain

“Life isn't about waiting for the storm to pass, it's about learning to dance in the rain.”

Care for the Family's Guide for churches

Picture of several copies of Care for the Family's leaflet 'Supporting families of children with additional needs

Our work with families gives us the opportunity to inform the church

How can the church help?

Tips

Dos and don'ts

Always ask

Think Creatively to offer more

For one child, one guy made all the difference

But can we offer more?

Are there ways to create 'belonging'?

Role models for a future

Made in the image of God

The church has a great opportunity...

The church has a great opportunity to care for parents of children with additional need. Can you think of

- 1. How to make a great welcome for a family's first visit**
 - 2. A way for the church to "be there for the long haul"?**
-

Choices

Mark Arnold – Urban Saints

Picture of Mark and his son standing together on a riverbank

We all make choices when faced with life changing events. God helps us to make the most of the right choice!

Choices 1

Life's defining moment or start of inspiring journey?

Mountain tops and valleys – our family story

Church involvement – vital support

Reappraisal of what's important

A new focus

Choices 2

“It's like God had a plan all along!”

Urban Saints

Supporting children's/youth leaders

'Phase' evening

We have to share this!

Make the most of the right choice 1

Picture of three girls enjoying a dance/exercise routine

'All Inclusive?' training programme...

Make the most of the right choice 2

'All Inclusive?' training programme

Inclusion training for children's/youth workers

Strategies, practical tips, resources, experiences

900 leaders trained across the UK (so far!)

1250 inspired at conferences inc. Spring Harvest, New Wine, Hand in Hand...

Make the most of the right choice 3

Picture of teacher/helper encouraging a young boy in a class

‘Additional Needs Alliance’...

Make the most of the right choice 4

‘Additional Needs Alliance’...

Leading ‘group’ within Children Matter!

Forum for gathering like minded people

Vibrant Facebook group connecting over 250 experts, practitioners, children's workers, parents: www.facebook.com/groups/additionalneedsalliance

Make the most of the right choice 5

'Challenge for Life'...

Picture of six young people on the top of mountain cairn; two are holding up a 'Challenge for Life' banner, which also says 'Life in all its fullness – Adventure for life – Friendship For Life ' and has the logos for 'Prospects' and 'Urban Saints'

Make the most of the right choice 6

‘Challenge for Life’...

Partnership with Prospects

Offering opportunities for young people to promote and demonstrate inclusion

Life changing and life enhancing

www.urbansaints.org/challengeforlife

We all make choices...

We all make choices when faced with life changing events. God helps us to make the most of the right choice!

How do you already help parents/carers make the most of the right choices?

What further choices will you and your church need to make to enable this to happen more?

Looking Ahead

Pippa Ankers, Community Trainer for Care for the Family

A number of slides with just pictures:

- 1. Picture of a little boy and girl sitting on the floor either side of a baby lying in a baby bouncer/rocker**
- 2. Picture of a child/baby sitting on a settee playing with toys**
- 3. Picture of a little boy standing with a packet of crisps and wearing a large cap and a picture of a little boy sitting at a low table and finishing off a plate of food**

4. Picture of a small child dressed up warmly and standing outside in the snow and a picture of a little boy dressed as a Norman soldier with helmet, tunic, small spear and axe and a massive shield, standing in front of a ruined castle

5. Picture of a little boy and girl looking at each other whilst the boy stirs something in a mixing bowl with a wooden spoon

6. Picture of a small child dressed up warmly, standing outside on a snow covered country lane, and grinning at the camera

7. Picture of a young man with his arms around his girlfriend/wife who is resting her head on his shoulder and both of them smiling at the camera

8. Picture of seven people wearing tee shirts bearing the message 'Keep Calm. I'm only an extra chromosome'. They

are all standing in funny poses and pulling funny, smiley faces. A man in the middle is holding a small child on his shoulders

“You are my beloved son; with you I am weel pleased”

We all long for acceptance

We need significance

How might you identify and release the gifts of children and adults with disabilities in your church?

What changes will you need to make for that to happen?

Reaching out to your community

Time Out For Parents – Children with Special Needs

Positive Parenting – common sense, jargon-free information and ideas to help you engage with your children and boost your relationship

Care for The Family

Our Values

Parent to parent

Preventative

Relationship based

Accessible

Visual

User-friendly

Time Out For Parents – Children with Special Needs

Parenting a child with special needs

Helping self esteem

Coping with feelings

Understanding behaviour

Managing behaviour

Home and school issues

The wider family

Time Out For Parents – Children with Special Needs

ADHD

ASD

Thank you for coming!